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Catherine Phoenix Hallam
 Hallam's Happy Hounds Behaviour and Training
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Nothing to See Here! ©

This exercise is useful for rescue dogs in that it prevents the build-up of separation anxiety related behaviours.

Training Plan - Nothing to See Here! ©			
Requirements – Your clothing and items list, high value treats			
Reminder – Marker Word is GOOD! (said in a low relaxing tone) or clicker (if your dog hasn't done clicker training for general obedience avoid this with these – it's keeping arousal to a minimum.			
Current Behaviour	Anxious behaviours prior to leaving	Goal Behaviour	Relaxes as nothing to see here
Step 1	Go over and pick an article for example: house keys		
Step 2	Move them around for a few seconds Pay no attention to your dog		
Step 3	Put them back and reward your dog in a different location only when sitting (if your dog does not sit – see below for training plan)		
	Repeat the above steps with all the articles		
Step 4	Put on one article only that you usually wear when leaving. Keep it on for a few seconds Pay no attention to your dog		
Step 5	Remove clothing and reward your dog in a different location only when sitting		
Next Session	Repeat Step 1 – Step 4 with different articles Repeat Step 4 – Step 5 with different items of clothing		
<p>It is vital that this process is completed carefully.</p> <p>Repeated exposure to your clothing or articles as part of your pre-departure routine will gradually decrease his stress around</p> <p>Using the (clothing and items) table below you can place a tick by the article or item as you have exposed YOUR dog to it – so it becomes a tally.</p>			



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Clothes and Article Training Grid – add your specific items

Clothing	Items
Favourite Coat Scarf	House keys Handbag Manbag