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Catherine Phoenix Hallam
Dog Behaviourist and Trainer

MSc AABT, BSc. (Hons), Cert Ed., PG Dip Coaching and Mentoring
 IOSH, SET, IMDT, IAABC, ISCP.

Tel # 07813621947

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The Stay

Stay			
Requirements – Training Lead, Treats, Dish			
Reminder – Marker Word is GOOD!			
Current Behaviour	No stay behaviour or stay duration is limited	Goal Behaviour	Stays in position
Preparation	<p>The dog needs to know the sit cue or down cue first before trying this as a sit is a precursor behaviour to the down with some dogs.</p> <p>Treats and a mat – this is also the required behaviour for the ‘Stay’ training.</p> <p>Try to do this training when it is in the routine of when the dog is pre-relaxation stage as it makes this easier for the dog to do.</p> <p>The stay is a really slow process and is absolutely without fail not to be rushed! What is it good for, firstly it is good for when they are at the front door and you want to nip out to pop something in the bin, or if you drop a glass and ask them to stay to avoid treading on the glass or if someone is coming in the house and you say ‘bed’ and ‘stay’ they should only move when you go over and ‘release’ them.</p>		
Step 1	<p>Ask your dog to sit, NO REWARD!</p> <p>Say ‘stay’ really slowly – you can use a hand signal here to gain this behaviour avoid a treat in the hand</p> <p>Take 1 step away, 1 second, return to you dog and say STAY and reward in sitting position (the dog that is)</p>		
Step 2	<p>Once your dog does the 1 step 1 second and remains seated on reward then build up.</p> <p>1 step...2 seconds, return. 1 step....3 seconds, return. 4 seconds until your pup can do 10 seconds. DO NOT RUSH THE TIME!</p>		
Step 3	<p>Ask your dog to sit, NO REWARD!</p> <p>Take 2 steps away slowly, 1 second, return to your dog and say stay before rewarding.</p>		
	<p>Once your dog can do the 2 steps 1 second build up the 2 steps to 10 seconds as above.</p> <p>Again, don’t rush this.</p>		



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Step 3	Then it's 3 steps 1 second → 10 seconds
Step 4	Then it's 4 steps 1 second → 10 seconds
Step 5	Then it's 5 steps 1 second → 10 seconds
Step 6	Then it's 6 steps 1 second → 10 seconds
Step 7	Then it's 7 steps 1 second → 10 seconds
Step 8	Then it's 8 steps 1 second → 10 seconds
Step 9	Then it's 9 steps 1 second → 10 seconds
Step 10	Then it's 10 steps 1 second → 10 seconds

RUSH NEITHER THE STEPS NOR THE SECONDS – Remember you have just spent his/her past training with you getting him/her to follow you and now you want him/her to stay put whilst you walk away!!

Then if you can do this outside, you can use a restraint lead. I had to with my Bear as he just could not work out what I wanted so I had to think of ways to make it easier on him. So I used a tether **positively**. Be aware that if you dog was abandoned by being tethering they may let you know that this was what was done to them.

Where possible then build up with your distance,
Reduce distance and **increase** duration (increase to a few minutes)
Reduce distance and duration when you add distraction (see the 4D's in Appendix)

Out of sight – this may take a **few months** to build to this and you are literally going out of sight, for a 1 seconds (as you started the duration)

On your return if you see the 'bottom' or 'movement' then just remind the dog what to stay.

On a next day always start with a lowered criteria so that the dog builds what is called 'behaviour momentum'.

When you return to your dog then you may also want to turn so that you say 'good' or 'click' when you are by their side.

You can also say 'good' or 'click' and then reward, then say 'break' as you have taught this to the dog to say that is clearly ok to move from their position.